

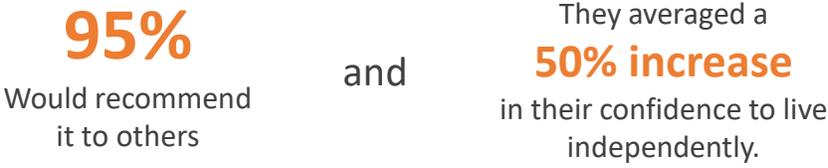


Welcome to
Life Skills Reimagined!

A new way to learn the
critical life skills
you need to be self-sufficient.

Learner Approved!

Life Skills Reimagined is the newest, most innovative online life skills program available. Learner feedback was included at every step of the program design and development. In a survey of more than 500 foster youth ages 16-22 who completed the program:



With Life Skills Reimagined, you'll

- Access courses online on a computer or on a phone or tablet through the mobile app.
- Have your own login and dashboard.
- Watch animated videos and complete one page Application Guides and other workbooks.
- Have discussions about what you learned.
- See your progress, earn points and badges.
- Create Action Plans to continue to improve your skills.
- If you use the mobile app, you can download modules and complete them offline.
- If you have physical impairments or speak Spanish, there are built in supports to help you along the way.





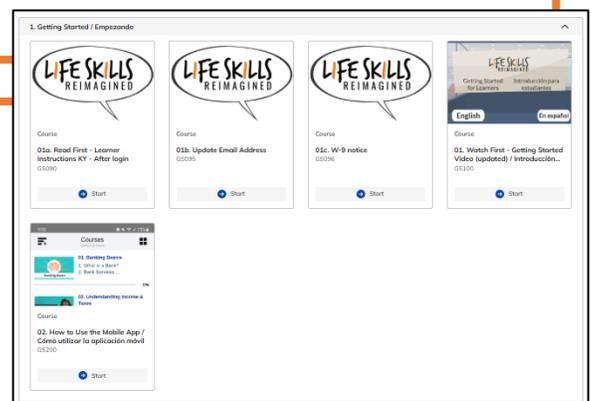
A new way to learn the critical life skills you need to be independent.

Login

URL: <https://kygov-lyftlearning.talentlms.com>

Username: Your full name + year of birth, exactly as it is in TWIST, or your email address if you have updated it in the platform. (Example: JohnTSmith2005)

Password: Password#1 (this is different for 2026)



First Steps

- View:** At the top of your dashboard, choose **Category View** (under your name), then sort by Name.
- Work through the Getting Started Content.**
 - Make sure you select “Save changes” after updating your email address.
- Open:** *How to Use the Mobile App* for instructions to download it to your phone or mobile device (if available).
 - If you received an Aetna SKY program phone after 3/1/23 that app is on your phone.
Your domain name: is *kygov-lyftlearning*
Login using your username and password.
- Start Personal Finance:** Take the baseline quiz, then work your way through the Courses and Workbooks. Your facilitator may have a specific order or timeline they want you to follow.
 - Courses have 2 parts – the Module (content and knowledge checks) and a one page Application Guide worksheet.
 - Print off the worksheets and workbooks as you go, or your facilitator may provide copies of the materials to you.
- Discuss:** Your Application Guides, Workbooks and Action Plans with your facilitator after you complete them.
- When the entire curriculum is complete:** **Complete the Final Survey** and receive your certificate of completion!
- Once complete,** your name will be submitted to DCBS after the end of the month. It generally takes 1-2 months to receive your egift card after your name is submitted.

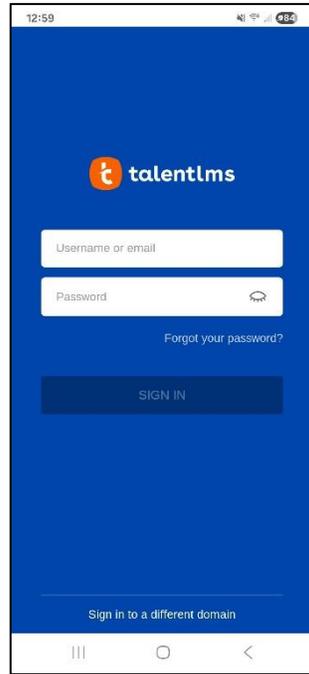
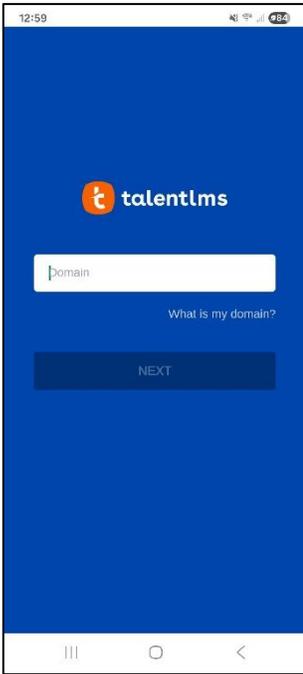
Apple



Android



Using the Mobile App



Aetna Sky Program phones may have the app preloaded.

If not

1. Go to your mobile device's App Store. Use the QR codes to be taken directly to the app.
2. Download *TalentLMS* app
3. Domain: kygov-LyftLearning (same as the web url)
4. Use your standard login

Apple



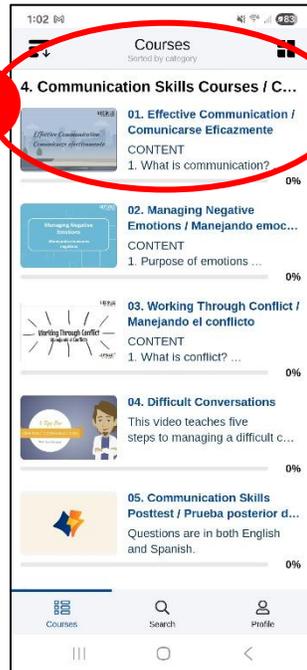
Android



1. Sort by Category



2. Select the Course



3. ALWAYS download content for offline use, even if completing it online.

