

	Modules	Application Guides (PDF)	Resources (PDF)	Post Test Game Show	Action Plans (PDF)
Resiliency	Baseline Assessment 1. Emotional Trauma 2. Setting Personal Boundaries 3. Understanding Your Life Story	1. Emotional Trauma 2. Setting Personal Boundaries 3. Understanding Your Life Story	1. My Family Resources 2. My Support Team 3. Role Play Guides 4. Sandwich Technique		Resiliency Action Plan/ Assessment Update
Getting & Keeping a Job	Baseline Assessment 1. Basic Work Rules 2. Looking Great at Work 3. Being a Great Employee	1. Basic Work Rules 2. Looking Great at Work 3. Being a Great Employee	1. W-4 Form 2. I-9 Form 3. Sample Job Application 4. Sample Job Interview Questions 5. Resume Help	Juggling a Job	Getting & Keeping a Job Action Plan
Communication Skills	Baseline Assessment 1. Effective Communication 2. Working Through Conflict 3. Managing Negative Emotions	1. Effective Communication 2. Working Through Conflict 3. Managing Negative Emotions	1. Introductions and Greetings Role Play Guides	What Did You Say?	Communication Skills Action Plan
Personal Finance	Baseline Assessment 1. Understanding Income and Taxes 2. Understanding Cash Flow 3. Budgeting Basics 4. Comparison Shopping 5. What is Credit and How Do I Get It? 6. Using Credit Wisely 7. Top 10 Ways to Get Into Financial Trouble	1. Understanding Income and Taxes 2. Understanding Cash Flow 3. Budgeting Basics 4. Comparison Shopping 5. What is Credit and How Do I Get It? 6. Using Credit Wisely	1. 1040 EZ Form 2. Sample W-2 3. Budget Worksheet 4. Banking Basics 5. Check and Money Order Writing Practice 6. Check Book Register	Figuring Out Finances	Personal Finance Action Plan
	<b>Modules</b>	<b>Resources (PDF)</b>			
Independent Living	1. Managing an Apartment 2. Welcome to 18 3. Healthy Relationships 4. Career Planning	<b>Finding a New Home Resource Packet</b> - What Do I Need? - Questions to Ask - Evaluating the Inside - Evaluating the Outside - Neighborhood and Security - Comparing Costs - Common Terms	<b>Preparing to Move Resource Packet</b> - Key Contacts - My Neighborhood Resources - Moving Checklist - Moving Cost Estimate - New Home Grocery List - New Home Shopping List	<b>Move In/Out Inspection Checklist</b> - Damage Estimates	After Move In Orientation Checklist Cleaning Checklists Sample Lease Laundry Quick Reference Prescription Quick Reference FDA Nutrition Tools